

Ultimate Kilimanjaro®

THE #1 GUIDE COMPANY FOR CLIMBING KILIMANJARO

WITH OVER 20 YEARS ON MOUNT KILIMANJARO, WE BRING PROVEN EXPERTISE TO EVERY EXPEDITION. MORE THAN 15,000 CLIMBERS HAVE STOOD ON THE SUMMIT WITH US.



FEATURED IN

Ultimate Kilimanjaro® is a recognized leader in the industry. We have been featured in best-selling books, award-winning documentaries, television shows, international magazines, and newspapers.

The Washington Post

CNN

USA
TODAY

THE
HUFFINGTON
POST

IBTimes

YAHOO!
TRAVEL

GQ

Esquire

KENYA

TANZANIA

SUMMARY

Mount Kilimanjaro is the tallest peak in Africa, rising 19,341 ft (5,895 m) above Tanzania's Rift Valley. The stratovolcano began forming a million years ago as eruptions laid repeated layers of volcanic ash, lava, and pumice in the area.

Kilimanjaro is made up of three volcanic cones: Shira, Mawenzi, and Kibo. The highest point is Uhuru Peak, which means "freedom" in Swahili. Its massive, snow-capped peaks have long enticed adventure seekers from around the world. More than 30,000 people climb Kilimanjaro each year.



IS THIS TRIP FOR YOU?

Climbing Kilimanjaro is a serious challenge, but can be accomplished by nearly anyone with a reasonable degree of fitness and good health. Kilimanjaro is a "walk up" mountain, meaning no technical skills or equipment are required.

OUR GUIDES

The importance of having highly skilled guides cannot be overstated. Ultimate Kilimanjaro® has the best local guides with unrivaled experience and competence. Most have climbed well over 100 times and are among the most talented and respected professionals in the industry.



OUR EQUIPMENT

We provide state-of-the-art, four-season tents built for the toughest alpine conditions. Our Mountain Hardwear tents are warm, waterproof, and roomy—perfectly suited for your Kilimanjaro adventure. Each three-person tent comfortably accommodates two climbers and their gear. A sleeping pad is provided to all climbers. Sleeping bags and trekking poles are available for rent in Tanzania. We also provide private toilets on all climbs.

WWW.ULTIMATEKILIMANJARO.COM



Nutritious meals are an important part of a successful expedition. When weather permits, climbers have the option to dine outdoors.

MEALS ON THE MOUNTAIN

Breakfast, lunch, and dinner are served every day in a dining tent. Our mountain chefs prepare hot meals specifically created to fuel your climb. The menu consists primarily of high-energy carbohydrates such as rice, potatoes, and pasta. Fresh fruit and vegetables accompany every meal. We resupply the team with fresh food throughout the climb.

Sample meal



BREAKFAST

tea, coffee, hot chocolate | toast, biscuits with margarine, jam, peanut butter, or honey | eggs, sausages, or bacon | porridge or pancakes | fresh fruit: mangoes, oranges, pineapple, bananas, avocados, or watermelon



LUNCH

tea, coffee, hot chocolate | vegetable soup | bread, biscuits, or pancakes with jam, peanut butter, or honey | chicken curry, rice, chapati, green beans | snacks: peanuts, popcorn, cake, or cookies | fresh salad: tomatoes, cucumbers, onions, carrots, green peppers



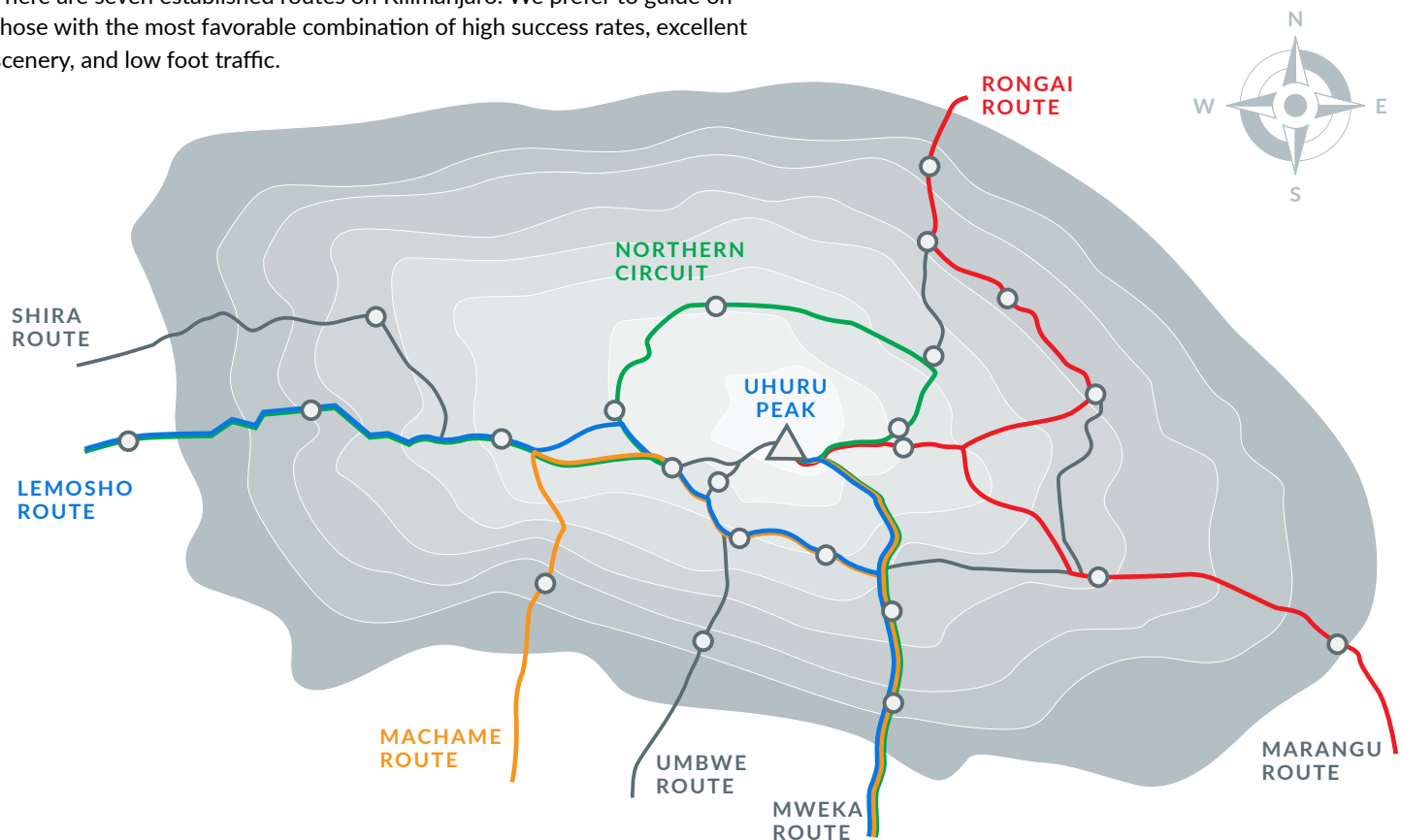
DINNER

tea, coffee, hot chocolate | vegetable soup | bread, biscuits, or pancakes with jam, peanut butter, honey | spaghetti with meat sauce | potatoes, rice, pasta | fresh vegetables: carrots, peas, tomatoes, beans, greens



KILIMANJARO ROUTES

There are seven established routes on Kilimanjaro. We prefer to guide on those with the most favorable combination of high success rates, excellent scenery, and low foot traffic.



RECOMMENDED ROUTES



NORTHERN CIRCUIT

Kilimanjaro's newest route offers excellent views from all sides of the mountain. As the longest route, the Northern Circuit provides the most time for acclimatization, giving climbers the highest chance of reaching the summit.

Success Rate: High / **Rec. Days:** 9 / **Difficulty:** High
Scenery: Excellent / **Crowds:** Very Low



LEMOSHO ROUTE

Considered the most scenic route on Mount Kilimanjaro, Lemosho is the route of choice for us and our clients. It has an ideal balance of beautiful scenery, low crowds, and a high success rate.
Our favorite route.

Success Rate: High / **Rec. Days:** 8 / **Difficulty:** High
Scenery: Excellent / **Crowds:** Medium



RONGAI ROUTE

As the only route that approaches Kilimanjaro from the remote north, Rongai has fewer visitors and a more gradual ascent, making it a great, quiet alternative to Kilimanjaro's more challenging routes.

Success Rate: Very Good / **Rec. Days:** 7 / **Difficulty:** Medium
Scenery: Very Good / **Crowds:** Low



MACHAME ROUTE

Known as the "Whiskey" route, Machame is the most popular route on the mountain. It is stunning and varied. However, due to the heavy crowds, the route loses some of its splendor.

Success Rate: Very Good / **Rec. Days:** 7 / **Difficulty:** High
Scenery: Excellent / **Crowds:** High

DAYTIME SUMMITS

Ultimate Kilimanjaro® offers unique daytime summit options, allowing climbers to ascend in daylight instead of hiking through the cold, dark night. By spreading the descent over an additional day, summit day is shorter and less demanding.

- Full night's sleep before summit day
- Improved acclimatization due to more time at high camp
- Milder weather conditions
- Better visibility while hiking
- Less crowded summit
- Shorter summit day



AVAILABLE ON SELECT ROUTES

- ✓ Northern Circuit
- ✓ Rongai
- ✓ Crater Camp
- ✓ Lemosho
- ✓ Machame

DAYTIME SUMMIT ROUTES VS. STANDARD ROUTES

The main differences between daytime summit routes and their standard counterparts are when the summit attempt begins and how long the descent takes.

	Daytime Summit Routes	Standard Routes
Summit Start*:	6:00 AM	12:00 AM
Elevation Gain:	~4,000 ft (1,220 m) in daylight	~4,000 ft (1,220 m) in darkness
Summit Time*:	12:00 PM – 2:00 PM	7:00 AM – 9:00 AM
Descent:	~4,000 ft (1,220 m) to high camp	~9,000 ft (2,740 m) to last campsite
High camp / Last campsite:	~15,000 ft (4,570 m)	~10,000 ft (3,050 m)
Summit Day Duration*:	9–12 hours	15–17 hours
Descent Days:	3 days	2 days

*All times are estimates

WEATHER ON KILIMANJARO

Mount Kilimanjaro's proximity to the equator means that this region does not experience the extremes of winter and summer weather, but rather dry and wet seasons. The best times to climb are during the warmer and drier months.

MONTH	TEMPERATURE	PRECIPITATION	CLOUDINESS	CROWDS
👍 January	☀️☀️☀️	💧💧	☁️	👤👤👤
👍 February	☀️☀️☀️	💧💧	☁️	👤👤👤
March	☀️☀️	💧💧💧	☁️☁️	👤
April	☀️☀️	💧💧💧	☁️☁️☁️	👤
May	☀️☀️	💧💧💧	☁️☁️☁️	👤
👍 June	☀️	💧💧	☁️☁️	👤👤
👍 July	☀️	💧💧	☁️	👤👤👤
👍 August	☀️	💧	☁️	👤👤👤
👍 September	☀️☀️	💧	☁️	👤👤👤
👍 October	☀️☀️	💧	☁️☁️	👤👤
November	☀️☀️	💧💧💧	☁️☁️	👤
👍 December	☀️☀️	💧💧	☁️☁️	👤👤

👍 Recommended

DAILY SCHEDULE

Mornings typically begin with a 6:30 AM wake-up call, followed by breakfast. You'll start hiking around 8 AM. Throughout the day, the group will take short breaks and stop for lunch, typically reaching camp by 4 PM. Dinner is served around 6 PM, followed by a briefing for the next day.

On standard routes, summit day starts much earlier. You'll wake before midnight, have a light snack, and begin the ascent. After reaching the summit around sunrise, you'll descend to a lower camp for lunch before continuing to the final campsite, typically arriving in the afternoon.



OUR APPROACH

The daily itinerary is designed to balance steady progress with proper acclimatization and recovery. Our guides carefully manage the pace, breaks, and timing of each day to maximize your chances of reaching the summit.

GEAR LIST

Climbers must be prepared for all types of weather on the mountain, regardless of when they visit. Clients are responsible for bringing their own personal gear and equipment. Below is a partial list of required gear.

TECHNICAL CLOTHING

waterproof jacket | insulated jacket | softshell jacket |
long sleeve shirt | waterproof pants | hiking pants |
fleece pants | long underwear

HEADWEAR

brimmed hat | knit hat

HANDWEAR

warm gloves

FOOTWEAR

hiking boots or shoes

ACCESSORIES

sunglasses | water bottle |
hydration bladder

EQUIPMENT

sleeping bag | headlamp |
duffel bag | daypack

Our porters will carry most of your belongings from camp to camp. You only need to hike with a small daypack.



WHAT TO CARRY IN YOUR DAYPACK

Carry extra layers for changing weather, water, snacks, and other essential personal items.

Sunglasses, knit hat, softshell jacket or fleece, waterproof jacket, gloves, waterproof pants, water bottle, hydration bladder, sunscreen, lip balm, hand sanitizer, toilet paper, personal medications, and a small first aid kit. Trekking poles, electrolytes, and snacks are optional, but recommended.

CLIMB TRAINING

Climbing Mount Kilimanjaro is more about endurance than athletic ability. While reaching the summit is physically demanding, you do not need to be an elite athlete to succeed. A basic level of fitness is sufficient.

The best preparation for Kilimanjaro is hiking. Focus on long, steady hikes rather than speed, and gradually build your endurance over time. The goal is to prepare your body to hike comfortably for several consecutive days at high altitude.

- Train 3 times per week
- Train for at least 1 hour
- Carry a 15–20 lb (7–9 kg) daypack
- Include regular long day hikes
- Use stairs or a StairMaster if trails aren't available
- Test your gear during training
- Reduce training during the final 2 weeks before departure

SAFETY FOCUSED

Your safety is our highest priority. Our clients trust us with their lives, and we do not take that responsibility lightly.

Climbing Kilimanjaro is dangerous. Every year, approximately 1,000 people are evacuated from the mountain, and approximately 10 deaths are reported. The main cause of death is acute mountain sickness (AMS).

Recognizing symptoms early and responding appropriately are the best ways to prevent AMS from becoming more serious.

ACUTE MOUNTAIN SICKNESS

AMS is caused by reduced air pressure and lower oxygen levels at high altitudes. It can affect anyone, regardless of age, gender, or fitness level. Symptoms of mild to moderate AMS may include:

- Headache
- Nausea or vomiting
- Fatigue
- Dizziness
- Loss of appetite
- Difficulty sleeping

Reaching the summit depends more on how well your body adapts to high altitude than physical ability. Climbers who acclimatize successfully have an excellent chance of reaching the summit.

Ultimate Kilimanjaro® guides are trained to recognize and treat altitude-related illnesses. They have the knowledge and experience to make critical medical and evacuation decisions. Our team is ready to respond to emergencies on the mountain.

- Trained to prevent, detect, and treat altitude sickness
- Conduct twice-daily health checks to monitor oxygen saturation and pulse rate
- Certified Wilderness First Responders
- Carry emergency oxygen at all times



ACCLIMATIZATION RECOMMENDATIONS

- Ascend slowly
- Avoid overexertion
- Take slow, deliberate deep breaths
- Climb to a higher altitude during the day and sleep at a lower altitude at night
- Eat a high-calorie diet and drink 4-5 liters of water per day



THE BIG FIVE

Tanzania is one of the best places in the world to see the Big Five: elephants, lions, leopards, rhinos, and buffalo.

SAFARIS

Don't miss the opportunity to experience one of the world's premier safari destinations.

While Ultimate Kilimanjaro® is best known for its Kilimanjaro climbs, we have been operating safaris in Tanzania for over two decades. Our experienced guides and carefully planned itineraries make it easy to combine your climb with an unforgettable safari.

Whether you choose a one-day excursion or a multi-day adventure, we'll help you explore Tanzania's most celebrated national parks, including the Serengeti, Ngorongoro Crater, and Tarangire. Our guides know where and when to find animals, maximizing your opportunities for exceptional game viewing.

Travel in our well-maintained Toyota Land Cruisers with custom pop-up roofs, designed for comfort and outstanding visibility.



WHY CLIMB WITH ULTIMATE KILIMANJARO®?

"I founded Ultimate Kilimanjaro® with a simple goal:
to raise the standard on Kilimanjaro.

Better guides. Better safety. Better experiences.

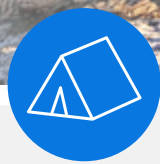
That is my commitment to you."

— Kevin



EXPERT GUIDES

- Hand-selected, licensed local guides
- Decades of leadership experience
- Certified Wilderness First Responders



HIGH QUALITY STANDARDS

- Rugged, 4-season Mountain Hardwear tents
- Hot meals from fresh, local ingredients
- Private toilet tent on all climbs



SAFETY FOCUSED

- Trained in first aid & mountain rescue
- Twice-daily health checks
- Emergency oxygen carried on all routes



HAPPY CUSTOMERS

- 89-year-old Guinness World Record holder
- Celebrities, television hosts & producers
- US Senator, US Ambassador & Lt. Governor

20+

YEARS IN BUSINESS

15,000+

SUCCESSFUL CLIMBERS

4.9★

AVERAGE RATING
VERIFIED REVIEWS



I took over a year researching climbing companies and have zero regrets about choosing Ultimate Kilimanjaro®. They deliver on every level, operating like a well-oiled machine. For such a big feat, this A-Team left us with no doubts about our ability to succeed.

JASMINE S.

