Ultimate Kilimanjaro
THE #1 GUIDE COMPANY FOR CLIMBING KILIMANJARO

MOUNT KILIMANJARO GEAR LIST

Communal equipment (tents, food, utensils, etc.) is provided. You are responsible for bringing the required, recommended and optional personal gear and equipment listed below. The most common mistake that climbers make is that they over pack. Be selective in what you take with you. **Our porters are limited to carrying 33 lbs. (15 kgs)** of your personal belongings.

TECHNICAL CLOTHING

- [ ] **1 -** Waterproof Jacket, breathable with hood
- [ ] **1 -** Insulated Jacket, synthetic or down, with hood
- [ ] **2 -** Soft Jacket, fleece or soft-shell
- [ ] **3 -** Long Sleeve Shirt, moisture-wicking (hood recommended)
- [ ] **1** - Short Sleeve Shirt, moisture-wicking (optional)
- [ ] **1** - Waterproof Pants, breathable (side zipper recommended)
- [ ] **2** - Hiking Pants
- [ ] **1** - Fleece Pants, warm
- [ ] **1** - Shorts (optional)
- [ ] **1** - Long Underwear, moisture-wicking
- [ ] **4** - Underwear, moisture-wicking
- [ ] **3** - Sport Bra (women)

HEADWEAR

- [ ] **1 -** Brimmed Hat, for sun protection
- [ ] **1 -** Knit Hat, for warmth
- [ ] **1 -** Neck Gaiter, for dust, wind and warmth

HANDWEAR

- [ ] **1 -** Gloves, warm (waterproof recommended)
- [ ] **1 -** Gloves, light

FOOTWEAR

- [ ] **1** - Hiking Boots or Shoes, warm, waterproof
- [ ] **4** - Socks, wool or synthetic
- [ ] **1** - Gaiters, waterproof (optional)

ACCESSORIES

- [ ] **1** - Sunglasses
- [ ] **1** - Backpack Cover, waterproof (optional)
- [ ] **1** - Water Bottle (Nalgene, 32 oz.)
- [ ] **1** - Water Bladder (Camelbak type, 3 liters)
- [ ] **1** - Pee Bottle, to avoid leaving tent at night (highly recommended)
- [ ] Stuff Sacks, Dry Bags or Ziploc-Type Plastic Bags^ to keep gear dry and separate

EQUIPMENT

- [ ] **1** - Sleeping Bag, warm, four seasons*
- [ ] **1** - Sleeping Pad, inflatable (optional, foam pad provided)
- [ ] **1** - Camp Pillow, inflatable (optional)
- [ ] **1** - Trekking Poles, collapsable (highly recommended)*
- [ ] **1** - Head Lamp, with extra batteries
- [ ] **1 -** Duffel Bag, 70L-90L, for porters to carry your equipment
- [ ] **1** - Daypack, 30L-35L, for you to carry your personal gear

OTHER

- [ ] Toiletries
- [ ] Prescriptions
- [ ] Sunscreen
- [ ] Lip Balm
- [ ] Insect Repellent, containing DEET
- [ ] First Aid Kit
- [ ] Hand Sanitizer
- [ ] Toilet Paper
- [ ] Wet Wipes (recommended)
- [ ] Snacks, lightweight, high calorie (optional)
- [ ] Electrolytes, powder or tablets (optional)
- [ ] Camera, with extra batteries (optional)

PAPERWORK

- [ ] Trip Receipt
- [ ] Passport
- [ ] Visa (available to JRO)
- [ ] Immunization Papers
- [ ] Insurance Documents

***** These items can be rented on location - payable only in Tanzanian Shillings by law.

^ There is a general ban on plastic bags in Tanzania, but Ziploc-type bags are permitted for tourists.