

Ultimate Kilimanjaro

THE #1 GUIDE SERVICE ON KILIMANJARO

GEAR LIST

Communal equipment (tents, food, utensils, etc.) is provided. You are responsible for bringing the required, recommended and optional personal gear and equipment listed below. The most common mistake that climbers make is that they over pack. Be selective in what you take with you. Our porters are limited to carrying 33 lbs. (15 kgs) of your personal belongings.

Technical Clothing

- 1 - Waterproof Jacket, breathable with hood
- 1 - Insulated Jacket, synthetic or down
- 1 - Soft Jacket, fleece or soft-shell
- 2 - Long Sleeve Shirt, moisture-wicking fabric
- 1 - Short Sleeve Shirt, moisture-wicking fabric
- 1 - Waterproof Pants, breathable (side zipper recommended)
- 2 - Hiking Pants
- 1 - Fleece Pants
- 1 - Shorts (optional)
- 1 - Long Underwear, moisture-wicking fabric
- 3 - Underwear, moisture-wicking fabric
- 2 - Sport Bra (women)

Headwear

- 1 - Brimmed Hat, for sun protection
- 1 - Knit Hat, for warmth
- 1 - Balaclava or Buff, for face coverage (optional)

Handwear

- 1 - Gloves, warm (waterproof recommended)
- 1 - Gloves, thin

Footwear

- 1 - Hiking Boots, warm, waterproof, broken-in
- 1 - Gym Shoes, to wear at camp (optional)
- 3 - Socks, wool or synthetic
- 1 - Gaiters, waterproof (optional)

Accessories

- 1 - Sunglasses or Goggles
- 1 - Backpack Cover, waterproof (optional)
- 1 - Water Bottle (Nalgene, 32 oz.)
- 1 - Water Bladder (Camelbak type, 3 liters)
- 1 - Pee Bottle, to avoid leaving tent at night (highly recommended)
- Stuff Sacks, Dry Bags or Plastic Bags, various sizes, to keep gear dry and separate

Equipment

- 1 - Sleeping Bag, warm, four seasons*
- 1 - Trekking Poles, collapsable (highly recommended)*
- 1 - Head lamp, with extra batteries
- 1 - Duffel Bag, 50-90L, for porters to carry your equipment
- 1 - Daypack, 30-35L, for you to carry your personal gear

Other

- Toiletries
- Prescriptions
- Sunscreen
- Lip Balm
- Insect Repellent, containing DEET
- First Aid Kit
- Hand Sanitizer
- Toilet Paper
- Wet Wipes (recommended)
- Snacks, lightweight, high calorie (optional)
- Electrolytes, powder or tablets (optional)
- Camera, with extra batteries (optional)

Paperwork

- Trip Receipt
- Passport
- Visa (available to JRO)
- Immunization Papers
- Insurance Documents

*can be rented on location