

UltimateKilimanjaro

YOUR KILIMANJARO CLIMB SPECIALIST

GEAR LIST

Communal equipment (tents, food, cooking items, etc.) is provided. You are responsible for bringing the required, recommended and optional personal gear and equipment listed below. Items may also be rented at the hotel.

Technical Clothing

- 1 - Waterproof Jacket, breathable with hood
- 1 - Insulated Jacket, synthetic or down
- 1 - Soft Jacket, fleece or soft-shell
- 2 - Long Sleeve Shirt, moisture-wicking fabric
- 1 - Short Sleeve Shirt, moisture-wicking fabric
- 1 - Waterproof Pants, breathable (side-zipper recommended)
- 2 - Hiking Pants
- 1 - Fleece Pants
- 1 - Shorts (optional)
- 1 - Long Underwear, moisture-wicking fabric
- 3 - Underwear, briefs, moisture-wicking fabric
- 2 - Sport Bra (women)

Headwear

- 1 - Brimmed Hat, for sun protection
- 1 - Knit Hat, for warmth
- 1 - Balaclava, for face coverage (optional)
- 1 - Bandana (optional)

Handwear

- 1 - Gloves, warm (waterproof recommended)
- 1 - Glove Liners, thin, synthetic, worn under gloves for added warmth (optional)

Footwear

- 1 - Hiking Boots, warm, waterproof, broken-in, with spare laces
- 1 - Gym Shoes, to wear at camp (optional)
- 3 - Socks, thick, wool or synthetic
- 3 - Sock Liners, tight, thin, synthetic, worn under socks to prevent blisters (optional)
- 1 - Gaiters, waterproof (optional)

Accessories

- 1 - Sunglasses or Goggles
- 1 - Backpack Cover, waterproof (optional)
- 1 - Poncho, during rainy season (optional)
- 1 - Water Bottle (Nalgene, 32 oz. recommended)
- 1 - Water Bladder, Camelbak type (optional)
- 1 - Towel, lightweight, quick-dry (optional)
- 1 - Pee Bottle, to avoid leaving tent at night (highly recommended)
- Stuff Sacks or Plastic Bags, various sizes, to keep gear dry and separate

Equipment

- 1 - Sleeping Bag, warm, four seasons
- 1 - Sleeping Bag Liner, for added warmth (optional)
- 1 - Sleeping Pad, self-inflating or closed-cell foam
- 1 - Trekking Poles (highly recommended)
- 1 - Head Lamp, with extra batteries
- 1 - Duffel Bag, for porters to carry your equipment
- 1 - Daypack, for you to carry your personal gear

Other

- Toiletries
- Prescriptions
- Sunscreen
- Lip Balm
- Insect Repellent, containing DEET
- First Aid Kit
- Hand Sanitizer
- Toilet Paper
- Wet Wipes (recommended)
- Snacks, light-weight, high calorie, high energy (optional)
- Pencil and Notebook, miniature, for trip log (optional)
- Camera, with extra batteries (optional)

Paperwork

- Trip Receipt
- Passport
- Visa (available at JRO)
- Immunization Papers
- Insurance Documents